

Better Health and Care...Not Just Healthcare

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HOMEOPATHIC HCG

Excerpt from: http://poundsandinchesaway.com/about-hcg-protocol.html

WHAT IS HCG?

HCG (Human Chorionic Gondaotropin) is a hormone naturally produced in large quantity during pregnancy. HCG is used in infertility treatment for both men and women. Dr. ATW Simeons found that small regular doses of hCG caused the body to release abnormal fat when used in conjunction with a specific 500 calorie daily diet. This is detailed in Dr. Simeons manuscript *Pounds and Inches: A New Approach to Obesity*. This low calorie diet is only comfortable and advisable with hCG. Most participants are not hungry and have plenty of energy

WHAT ARE THE POSITIVE EFFECTS OF HCG?

Besides the accelerated weight loss and body re-shaping, many of our clients report:

- better, more deep sleep
- lower cholesterol and blood pressure while on the HCG, and sometimes continuing afterwards
- less insulin or other medications required while on the protocol
- higher energy levels without a nervous or edgy feeling
- a general feeling of well-being

HOW EXACTLY DOES HCG WORK?

The HCG allows your body to tap into your body's abnormal fat deposits (shoulders, upper arms, hips, thighs, and buttocks). This is the reason why no matter how much some people exercise and starve themselves, they still have a big butt. The HCG present in the body allows these abnormal fat deposits to be tapped, releasing the abnormal fat into the blood stream and out of the body. The HCG actually releases 1500-4000 calories per day into the bloodstream. This is the ONLY reason why it is okay to be on a 500 calorie diet. with the 500 calories you are consuming plus the 1500-4000 calories being released into your system, you are actually getting the benefit of (500 + 1500-4000) = 2000-4500 calories each day

WHAT IF I HAVE MORE OUESTIONS ABOUT THE HCG PROGRAM?

Any questions or concerns should be directed to any of our educated staff members. We will be able to guide and support you through this program.

