

# Mark Drugs Pharmacy

## ROSELLE

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## Chocolate Strawberries

7 medium fresh Strawberries  
Chocolate or Chocolate-Raspberry Liquid Stevia

1. Wash strawberries, core and cut into quarters
2. Place in a 2 cup plastic container
3. Add 5-7 drops of liquid flavored stevia
4. Shake hard for 5-10 seconds
5. Open and enjoy!

**Makes 1 fruits**

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## Strawberry Compote

(This will make a delicious dessert that will satisfy your sweet/sour tooth)

7 medium fresh Strawberries  
Vanilla Creme Liquid Stevia

1. Wash strawberries, core and cut into quarters
2. Place in a small sauce pan and add ½ inch of water
3. Add 5-7 drops of liquid flavored stevia
4. Heat pan to HIGH and cook down till becomes bubbling, syrupy & thick, then turn down for 1-2 minutes
5. Pour into a cup or small bowl and eat warm

**Makes 1 fruit**